



FREE TO WAITROSE, JOHN LEWIS & PARTNERSHIP CARD-HOLDERS

ONLY
£1

Waitrose *Kitchen*

OCTOBER 2011

55
everyday recipes
for autumn



Food for friends

Hugh does Halloween

**31 WAYS TO
BE THRIFTY
THIS MONTH**

**BILL
GRANGER'S
OOZY
CHOC PUD**
*(probably the best
pudding in the world)*

*TREND
ALERT!*
**BRILLIANT
BRITISH
BUBBLY**

Should TV suppers be banned? Rachel Allen vs Tom Parker Bowles

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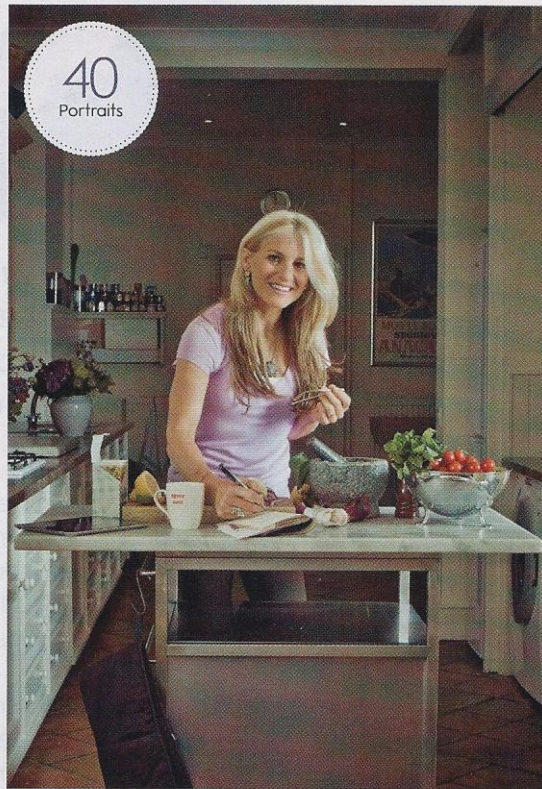
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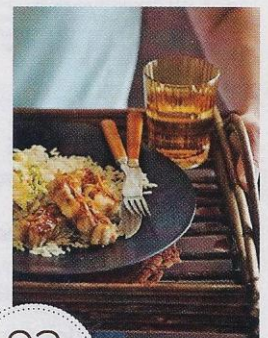
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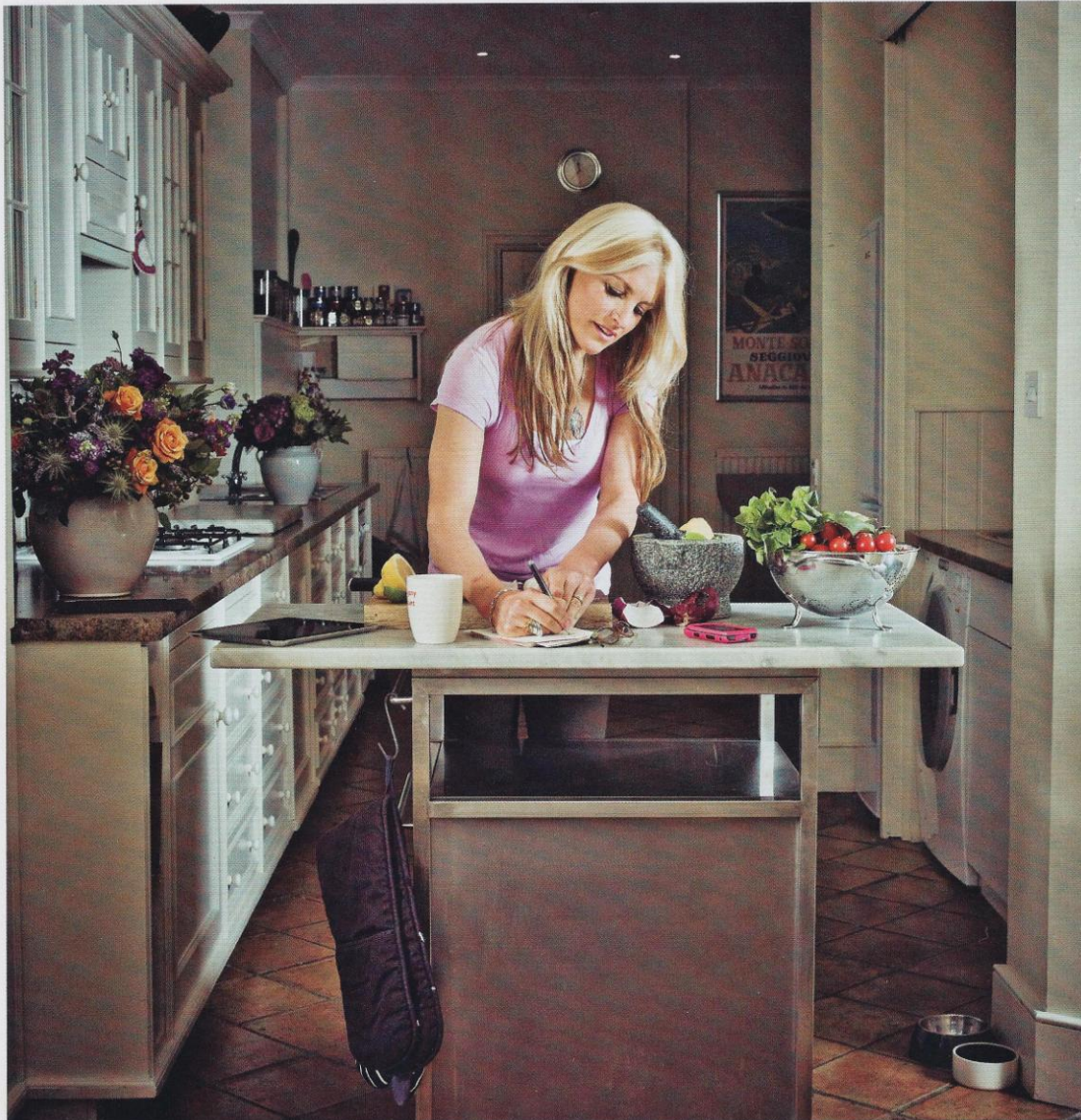
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Family suppers

words daniel taper

photographs david yeo

In their write minds

*Meet the authors of this autumn's must-read
cookbooks and discover the places that inspire them*



Laura Santtini

Occupation? Food writer.

Your book? *Flash Cooking* (£15; Quadrille). Quite simply, it is a guide to making fast, flavoursome, healthy food with very little effort.

Where did you write it? I believe that in order to relate to your reader you have to write from a place that's true. And for me, that place is home. After all, home is the hub of my life; it's where

I spend time with the people I love, and it's where I intend my recipes to be read, cooked and eaten. Being at home also allows me to actually live the recipes I write. Every recipe in my book was cooked right here in my kitchen and tested on friends and family.

Isn't home full of distractions?

The only thing that distracts me is the family dog (a miniature poodle) who always reclines on my favourite seat just as I'm about to sit down and start writing.



